**Review Test Submission: Chapter 11 Goetsch**

**Content**

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| User | Kelsey Bradley |
| Course | 2016SP\*IET\*422\*301 (Ind Safe Stand & Enfo) |
| Test | Chapter 11 Goetsch |
| Started | 2/10/16 3:31 PM |
| Submitted | 2/10/16 3:35 PM |
| Status | Completed |
| Attempt Score | 15 out of 15 points |
| Time Elapsed | 3 minutes out of 1 hour |
| Instructions | You will have 30 minutes to complete this quiz. |

* **Question 1**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | All sources of stress on the job can be eliminated, if precautions are taken. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct False | | Correct Answer: | Correct False | |  |  |  |

* **Question 2**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Workplace stress involves a worker’s feelings resulting from a perceived difference between the demands of the job and a person’s capacity to cope with these demands. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct True | | Correct Answer: | Correct True | |  |  |  |

* **Question 3**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Unions view stress as the result of excessive demands, poor supervision, or conflicting demands. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct True | | Correct Answer: | Correct True | |  |  |  |

* **Question 4**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | One of the most factors with stress is learning to recognize its symptoms and taking the symptoms seriously. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct True | | Correct Answer: | Correct True | |  |  |  |

* **Question 5**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Stress has been defined as the response that occurs when the requirements of the job do not match the capabilities, resources, or needs of the workplace. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct True | | Correct Answer: | Correct True | |  |  |  |

* **Question 6**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | The best policy regarding stress is which of the following? |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct  Learn to adapt to it | | Correct Answer: | Correct  Learn to adapt to it | |  |  |  |

* **Question 7**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Human response to stress may be likened to that of a rubber band being stretched. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct True | | Correct Answer: | Correct True | |  |  |  |

* **Question 8**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Which of the following is not a strategy for stress reduction? |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct  Increasing employees’ hourly pay rate | | Correct Answer: | Correct  Increasing employees’ hourly pay rate | |  |  |  |

* **Question 9**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Sources of on the job stress involve all of the following except: |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct  Job enrichment | | Correct Answer: | Correct  Job enrichment | |  |  |  |

* **Question 10**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Shift work can require some employees to work when the majority of people are resting. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct True | | Correct Answer: | Correct True | |  |  |  |

* **Question 11**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Psychosomatic reaction to stress may eventually lead to autoimmune disease. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct True | | Correct Answer: | Correct True | |  |  |  |

* **Question 12**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | A pathological, and generally undesirable, human reaction to psychological, social, occupational, or environmental stimuli is which of the following? |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct  Stress | | Correct Answer: | Correct  Stress | |  |  |  |

* **Question 13**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | M. Selye’s three stages of the human stress response are which of the following? |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct  Alarm, resistance, and exhaustion | | Correct Answer: | Correct  Alarm, resistance, and exhaustion | |  |  |  |

* **Question 14**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | A poll for a life insurance company shows an epidemic of industrial stress. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct True | | Correct Answer: | Correct True | |  |  |  |

* **Question 15**

1 out of 1 points

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  |  | | | |
|  | Psychosocial questionnaires evaluate workers’ productivity on the job. |  |  |  |
| |  |  | | --- | --- | | Selected Answer: | Correct False | | Correct Answer: | Correct False | |  |  |  |

Wednesday, February 10, 2016 3:35:54 PM EST